



From Southbound Hwy 99 (From Merced)

- Travel South on HWY 99
- Merge 180 East
- Merge HWY 41 South
- Take the Tulare/Divisadero Street exit
- Turn right on Divisadero Street
- Turn right on Fresno Street (light)
- Turn left on Illinois Ave (light)
- After crossing Wayte Lane/Thesta (stop sign) turn left into two story parking structure
- Enter medical office building (bring parking ticket for validation)
- Dr Helm's office is on third floor (308) next to elevator

From Southbound HWY 41 (From N Fresno or Clovis)

- Travel South on HWY 41
- Take the Tulare/Divisadero Street exit
- Turn right on Divisadero Street
- Turn right on Fresno Street (light)
- Turn left on Illinois Ave (light)
- After crossing Wayte Lane/Thesta (stop sign) turn left into two story parking structure
- Enter medical office building (bring parking ticket for validation)
- Dr Helm's office is on third floor (308) next to elevator



From Westbound HWY 168 (From Clovis)

- Travel West on HWY 168
- Merge 180 West
- Merge HWY 41 South
- Stay on far right
- Take the Tulare/Divisadero Street exit
- Turn right on Divisadero Street
- Turn right on Fresno Street (light)
- Turn left on Illinois Ave (light)
- After crossing Wayte Lane/Thesta (stop sign) turn left into two story parking structure
- Enter medical office building (bring parking ticket for validation)
- Dr Helm's office is on third floor (308) next to elevator

From Northbound HWY 99 (From Visalia)

- Travel North on HWY 99 to HWY 41 North
- Take the Tulare Street exit
- Left on Tulare Street
- Turn right on R Street
- Turn right on Fresno Street
- Turn left on Illinois Ave (light)
- After crossing Wayte Lane/Thesta (stop sign) turn left into two story parking structure
- Enter medical office building (bring parking ticket for validation)
- Dr Helm's office is on third floor (308) next to elevator

From Eastbound HWY 180 (From Mendota)

- Travel East on HWY 180
- Merge HWY 41 South
- Stay on far right
- Take the Tulare/Divisadero Street exit
- Turn right on Divisadero Street
- Turn right on Fresno Street (light)
- Turn left on Illinois Ave (light)
- After crossing Wayte Lane/Thesta (stop sign) turn left into two story parking structure
- Enter medical office building (bring parking ticket for validation)
- Dr Helm's office is on third floor (308) next to elevator